

VILLAGE OF ELBOW

NEWSLETTER

JUNE 2025

WELCOME to the RAIN (and Spring!)

Thank you to Brad & Shea for all their work this Spring getting us Summer Ready! We welcome Oscar Garrioch as our summer public works student, Evan Tobert as our summer recreation student, Jasmin Hundebay, our swim instructor, Kandis Miller and Samantha Houdek to run the Kids Summer Programming! Please say hi when you see them and make them feel welcome.

COUNCIL NOTES

Council passed the 2025 Budget at the April Council Meeting. A copy is posted on the Village Website.

The repairs to the intersection of Railway Ave/Saskatchewan St to Minto St were finished. Please use **TRUCK ROUTE** (Elevator Rd) for all heavy trucks.

Noise Bylaw 5-2025, Waste Management Bylaw 6-2025 were adopted - view on website or in office.

Quotes were accepted for replacing tin on shop roof, painting village office, Sask St crack sealing, paving repair at Sask St/Bison Ave, sewer relining on the trunk line from Princess St to the next manhole south & drip irrigation at HGCC evergreens.

We were approved for Heritage Canada Day funding again this year. This funding requires that events take place on July 1 regardless of the day of the week.

We will be painting the curbs (yellow) in the future so its easier to watch your step!

RECREATION in ELBOW

SWIMMING LESSONS

Swimming Lessons are set for July 14-18 & July 21-25 at Tufts Bay. \$55 for both weeks and \$30 for one. Contact recreationelbow@gmail.com to register.

SOUTH ELBOW DRIVE PATH

We've added waste bins for pets, etc. to the Path. From Saskatchewan St to Putters Lane, the Trail Committee & the Village public works employees keep this path looking great. Please ensure dogs don't dig up the path and help keep it clean. Bicycle, walkers, strollers, golf carts - NO ATV's/dirt bikes.

HARBOR GOLF COMMUNITY CENTER USE

Within the Harbor Golf Community Center, we offer the following:

Beautiful entryway with plant wall & John/Anne Wilson Coatroom, Recreation Manager's office, large meeting room with a patio area (seating for 46), JGL Cookhouse state of the art kitchen, Ector Family Farms boardroom (seating for 8), Letts Family Auditorium (seating for 400), May/Andy Wong Servery, PCCU Stage and the Backyard grass/fenced area outside. There is separate access to the Elbow Palliser Library and Schikowski Farms Fitness Centre. These rooms (not fitness center) can be rented - find the details on our

website at www.villageofelbow.com and follow the drop-down menus and find us on Facebook at Harbor Golf Community Center. Email recreationelbow@gmail.com for more information or to book your next event!

HGCC EVENTS

Head over to the Calendar on the Village of Elbow website:

https://villageofelbow.com/recreation_attractions/calendar_of_events.html to see all the goings on. We have regular OPEN GYM times, weekly volleyball, shuffleboard, pickleball and walking in the Letts Family Auditorium, available for use with a Fun & Fitness Pass.

WELLNESS CLINIC is held in the Ector Family Farms Boardroom. Schedule is posted at Elbow Library and on the Village calendar.

LINE 19 KIDS SUMMER PROGRAM

Thanks to the CIF community grant program, we are pleased to offer the kids summer program again. The program will begin July 2 for 8 weeks, every Tuesday and Wednesday 10-11:30am. To register/pay please email/e-transfer: recreationelbow@gmail.com. \$40 for eight weeks, drop-in fees will be available.

ELBOW GREASE VINTAGE CAR & TRACTOR SHOW

Sun June 29th 11 am to 4 pm at the Harbor Golf Community Center parking lot. Free admission, \$25 entrance fee for car/tractor owners. To register email elbowgreasectshow@gmail.com

CANADA DAY in ELBOW

Poster attached. It's the place to be with the best fireworks! All detailed posters will be on the notice board in front of office, posted on Facebook and in the Canada Day FB Event under Discussion.

LAKESHORE CHALLENGE

August 3 - grab your team of 8 and run, bike and swim your way to the finish line! If you are interested in registering, email recreationelbow@gmail.com. Register EARLY, we can only accommodate 8-10 teams. Watch for more information in the coming weeks.

BC READ IN CONCERT

The BLUES are coming to Elbow Sat July 5th at 7:30 pm - doors open at 6:30 pm at the Harbor Golf Community Center! Elbow Community Park and Orchard welcome BC Read and the Big Blues Band! Tickets \$50 at the door or text Brenda 222-0798 or Val 867-6770. Proceeds to the Elbow Community Orchard!

SASKATCHEWAN ROUGHRIDER WATCH PARTY

Sat Aug 2nd at the Harbor Golf Community Center Auditorium. Watch for details.

POLKA FEST Fri Aug 8 & Sat Aug 9 - held at the Harbor Golf Community Center - details closer to the day!

SCHIKOWSKI FARMS FITNESS CENTER

We welcome long and short-term users to the center! Monthly fees are \$35/ month and includes a FOB. Drop in \$10. All information regarding fees and online application forms can be found on the Village of Elbow website or by emailing recreationelbow@gmail.com.

Needing a gym membership or just to renew? Drop by the rec office, send a text to 306-860-8023 or email Marnie at recreationelbow@gmail.com. All forms are on website.

COMMUNITY EVENTS

ELBOW ELEVATOR FUNDRAISER

We are hosting *Jeffrey Straker* for an outdoor concert on Thurs June 26 at the Orchard/Park gazebo at 7 pm! Tickets are \$25 & can be purchased in advance online at **Event Brite** and at the village office! Please come out and support our fundraiser.

19ERS HOCKEY CLUB GOLF TOURNAMENT

Taking place at the Mistusinne golf course on Saturday, June 28th. Text Heather 867-7134 or Gil 867-4442 to enter your team. \$75/person - 4-person scramble

ELBOW FARMERS MARKET

This starts up Saturday, July 5 - 9 am to 12 pm. Held beside the Elbow Hotel. Details on their *Facebook* page.

GARAGE SALE DAY is Saturday July 5th **AND FREE CYCLE WEEKEND** is Sat. July 12 & Sun. July 13th. Details are on the website calendar - click on the event.

LAKESHORE STAMPEDE RODEO at the Elbow Rodeo Grounds on July 18 & 19. Friday night performance at 7 with dance to follow - Sat slack at 10 am & performance at 7. Details on posters and website.

DINOHUNTERS 2ND ANNUAL ROCK SHOW at the red roof church 258 Minto St.

Free admission Fri July 18 10-5, Sat July 19 10-5 & Sun July 20 10-3

1st ANNUAL PARTY ON THE POINT Sun Aug 3rd at the Elbow Marina - 5:30 to 10 pm.

Bring a chair, enjoy live music by THE MUDD BROTHERS. Food & beverages available & kids area. Free admission.

DOUGLAS PARK VINTAGE RV & CAR SHOW on Aug 22/23. Email douglaspark@gov.sk.ca for details or call the Store by the Shore at 854-4630.

TUFT'S BAY CAMPGROUND

Need a campsite? Check out:



Phone: 306-860-7932 Jacquie & Jordan Brown

Email: tuftsandco@gmail.com

Website: tuftsbaycampground.com and follow them on Facebook

ELBOW LIBRARY

Hours: Wednesdays 12:30-5:30, Thurs 2-7 pm & Saturdays 9-2 pm

Please follow Elbow Palliser Library on Facebook for their



events.

MUNICIPAL OFFICE INFORMATION

Those businesses that are wishing to temporarily/seasonally set up in the Village (not at the Farmer's Market or on their own commercial property) are asked to purchase a \$100 annual business licence with the Village. You are required to get permission to setup from the property owner as well.

INDUSTRIAL SUBDIVISION LOTS

The Village of Elbow has 12 lots for sale in the Industrial Subdivision - 3 of the lots are presently being advertised on the MLS website at:

<https://www.realtor.ca/real-estate/27462160/306-prospect-avenue-elbow>

The Village is offering to finance the lots over 3 years with 10% down, with the requirement that building begins within the first year of purchase. If you build a business, there are *Business Tax Incentives* that would also apply. Please contact the office with any questions.

HIGHWAY SIGN CORRIDOR

The Village of Elbow has a **sign corridor** along Highway 19 on both sides of the highway that will start at the ELBOW 1 signs and run for 2 km. Want to advertise your business in the corridor? Get your applications in! You can find the application form on our website under the **Bylaws** tab. First come, first served.

WATER REPORTING

The **Potable Water System and Distribution System** reports from Sask Water are available on our website under Public Notices.

WATER METER RECONNECTIONS

Returning Seasonal Residents: When you need to have your water meter reconnected, please contact Karen at the Village Office to set up a time. We require 48hrs notice for reconnections and please remember that someone living at the property (or a trusted individual of your choice) must be present at the time of reconnection to ensure that there are no leaks. Water meters will not be reconnected on weekends.

GARBAGE & RECYCLING

If you need garbage/recycling roll-out carts contact Karen at the Village Office. Carts may not be able to be dropped off on the day you call in and they will not be dropped off on weekends, so please plan ahead. There is no longer the option for residents to turn these back in for storage while away. If you are away for an extended period of time, please store in a safe place on your property.

REMEMBER:

- When your garbage and/or recycling carts have been emptied, move them back on to your property and away from the road. The grader or tractor need to maintain the roads and if your cart is on the road, Village Staff do not have time to move carts back to your property. Maintaining the roads in the village is the priority so there is a very good chance that your cart will be knocked over and could be damaged. Then you would have to replace your cart at your cost.

The **TRANSFER STATION** is now open. Hours have **changed**: Tuesdays 4-7 & Saturdays 10-2

VILLAGE MESSAGING SYSTEM

In order to receive notices from the village office, please whitelist (below) in your email accounts through your browser **not** your desktop or phone. Every email carrier is different so we cannot provide instructions for each but it is usually found in settings.

In Sasktel.net email addresses, for example: go to your SaskTel email on your web browser, click settings, then spam and add to trusted senders. Will be similar for other email accounts.

Whitelist = Add the following to trusted senders:

Telmatik.com (this is where the automated messages for boiled water etc. comes from)

elbow@sasktel.net

elbow2@sasktel.net

TAX NOTICES

Tax Notices were sent on May 30th by mail and e-mail. Please contact the office if you did not receive a notice. Taxes are due in full Dec.31, 2025.

PAYMENT INFORMATION

Payments for taxes, utilities, transfer site invoices, construction bin rentals, seecan charges and mowing charges can be made the following ways: **cash, cheque, online banking and e-transfer. We also accept post-dated cheques and there is a drop slot at our side (west) door if we are closed.**

IMPORTANT - if you are making a payment by e-transfer use the email address elbow2@sasktel.net and please put in the message section what you are paying for and/or if it needs to be split for various bills.



Canada Day 2025

July 1st - Elbow, SK

8:30 - 10 AM Pancake Breakfast

Harbor Golf Community Centre

11 AM Bike & Golf Cart Parade

Starts @ Bethel Lutheran Church

12 - 3 PM Kids Zone

Saskatchewan Street

12 - 8 PM Inflatable Obstacle Course

Saskatchewan Street

12 PM - 12 AM Beer Gardens & Food Trucks

Saskatchewan Street

1:30 - 11 PM Street Dance & Live Music

Sask St. - Oooo La Las & The Racoons

4:30 - 7:00 PM Fish Fry

Harbor Golf Community Centre

10:30 PM Fireworks

To donate: e-transfer

elbow2@sasktel.net with subject

Fireworks 2025



Line 19 Health Care Committee

(In partnership with SHA)

Introduction of the Line 19 Health Care committee and our purpose:

Hello to all residents (permanent and seasonal) of the line 19 area. Did you know that there is now a committee based out of Elbow that is working on addressing the health care needs of Strongfield, Loreburn, Elbow, Mistusinne and RM 254? The committee members include mayor or council members from each area and community members (some with a healthcare background). Below is a list of short and long term goals we are working on for our community:

- Collaboration with SHA established
- Communicating and distributing SHA information on available health services and how to access them
- Surveys and data collection for evidence of need for increased health services to our area
- Planning in person information sessions with different SHA programs
- Scheduled information memos re: health services, sent out electronically and posted in person on a routine basis
- Working towards a proposal for a Primary Health Care Centre located in Elbow, SK

Memos for June 2025:

- **Both Davidson and Outlook health centers will be in service disruption or using virtual physician (physician on a phone call) often this summer. Look out for notices of disruptions shared by your community and this committee. Also, if possible, please call either center prior to visiting so the nurses can inform you if virtual physician is being used before you make the trip.**
- **See attached/below: SHA Elbow and surrounding area Community Engagement Summary form. This form shares some health services currently available and how to access them.**

Contact the Line 19 Health Care Committee with any questions or comments:
Line19hcc@gmail.com

EXPECT TO HEAR FROM YOUR
 COMMITTEE AGAIN SOON!



Line 19 Health Care Committee

(In partnership with SHA)

Memos for July 2025:

- The Line 19 Health Care Committee will be at the Elbow Farmer's Market on **July 12** and **July 19** dates. We will have an information table and would love if you stopped by!
- Survey of Need for a Primary Health Care Center in the Line 19 area: This survey is anonymous (unless you choose to share your email), free and easy to complete. It will help us collect data and evidence for the need of a health center in our area. Please use the QR code below, use this link: <https://www.surveymonkey.com/r/D9Z7HNL> or get a paper copy at the farmers market on the dates stated above.

(QR Code: you will have to press "skip advertisement" and then press the "X" in the upper right-hand corner, then it will take you directly to survey)

- **See Attached/Below:** SHA has shared more important information regarding current health services available in our area and general updates on health care in the form of newsletters.



Contact the Line 19 Health Care Committee with any questions or comments:
Line19hcc@gmail.com

Elbow Community Engagement Summary

Program	Description	Contact
Mental Health Services	<p><i>Mental Health and Addiction Services (MHAS)</i> represent a continuum of care ranging from prevention/early intervention through to very specialized treatment, are provided free of charge to adult and youth and child residents of Saskatchewan.</p> <p>A Saskatchewan resident may refer themselves by phoning the general access number or be referred by a family physician. To determine which services are most appropriate, a standardized assessment including a triage is completed. Services offered may include referrals to programming from other community agencies.</p>	<p>Mental Health & Addictions Intake: 1-877-329-0005</p> <p>Suicide Hotline: 988</p> <p>Healthline: 811</p> <p>Red Cross Friendly Calls: 1-833-979-9779</p>
Home Care	<p>Davidson/Craik Home Care provides home care support to the community of Elbow. At this time, we are servicing Elbow residents 2-3 days per week. Our goal is to provide service (to Elbow) seven days per week, and we have secured the funding for and are currently working on recruiting for additional Continuing Care Assistants so that we will be able to provide 7-days/week home services.</p> <p>Home Care offers both nursing services, as well as home services.</p> <ul style="list-style-type: none"> Nursing services require a physician's order to initiate, but home services can be self-initiated. Home services include things such as personal care assistance (bathing/showering), medication assistance, housekeeping, and laundry. <p>Please contact the <i>Client Care Coordinator</i> in Davidson (Katelyn Vicente or Kateryna Zarubiak) to inquire further about setting up home care services for yourself or your family members at the phone number shown, or we may also be reached by email at katelyn.vicente@saskhealthauthority.ca (or) kateryna.zarubiak@saskhealthauthority.ca</p>	<p>Client Care Coordinator (Katelyn or Kateryna) 306-567-2302</p>
Primary Health Care RN	<p>Clients experience value through seamless coordinated care:</p> <ul style="list-style-type: none"> Supporting clients with chronic disease diagnosis through system navigation and education. Provide cardiac follow up calls to clients who have been in Saskatoon or Regina hospitals for any tests, procedures and surgeries involving their heart. This program also includes Collaborative Health Management Teams. These teams are an interdisciplinary group of health providers delivering team based care to improve outcomes for and provide support to clients with chronic disease and/or complex needs focusing upon wellness and prevention. 	<p>Christina McCormick 306-867-5050</p> <p>Jennifer Frerichs 306-882-2672 ext. 2208</p>

Elbow Community Engagement Summary

Program	Description	Contact
Exercise Therapy	<p>The Exercise Therapist provides guidance for individuals to safely increase their physical activity levels through aerobic, strength and flexibility exercises. No matter their fitness levels.</p> <p>The Exercise therapist provides free, 1-on-1 Consults, with the focus on helping clients manage their chronic conditions or reduce the risk of clients developing chronic conditions. Self referrals accepted.</p>	Ashley Davis 306-860-7334
Dietitian / Certified Diabetes Educator	<p>Providing nutrition education and support for any nutrition related concern – most commonly due to a condition or disease such as diabetes, cardiovascular (heart) disease, bowel disorders and allergies/intolerances, but can also be for general healthy eating. Self referrals are accepted</p>	Laura Williams 306-860-7707
Speech Language Pathology	<p>Assisting individuals to improve their communication and swallowing skills and overcome speech, language and swallowing challenges.</p> <p>Therapists assess, diagnose and provide personalized treatment plans to enhance communication and swallowing abilities. Self referrals are accepted.</p>	Karlee Jones 306-860-8800
Therapies	<p><i>Occupational Therapists</i> will work with you to find practical solutions that can help you maintain, regain, or improve your independence and participation in meaningful activities.</p> <p><i>Physical Therapy</i> services help individuals improve their physical abilities, recover from injuries, and manage pain through specialized exercises and treatments. Therapists use their extensive understanding of the human body to treat and restore function.</p> <p>Based out of Outlook and Davidson, reaching out to surrounding communities.</p>	<p>Outlook Therapies Team (Teryn, Janay, Kirsti) 306-867-5043</p> <p>Davidson Therapies Team (Jacquie, Kirsti) 306-567-2304</p>
Autism Services	<p>Team of professionals that provide support to families affected by autism, offering individualized care, community involvement and school transitions.</p> <p>This program is a key resource for children and families, promoting growth, inclusion, and empowerment, improving outcomes for children and their families. Self referrals accepted.</p>	Reigan Gallais 306-882-2672