

VILLAGE OF ELBOW

NEWSLETTER

MARCH 2025

SPRING was IN THE AIR..

Thank you to our Public Works Foreman, Brad Talson for keeping up with the amount of snow we've had this year. Thank you to Paul Ganes, Troy Bramble, Michel Scrimbitt and Edward Stenko who have also helped us stay ahead this winter!

PLEASE PLEASE for the benefit of everyone, pick up after your pets! Pick up, bag and deposit in the garbage so everyone can experience a wonderful spring in Elbow!

COUNCIL NOTES

Highlights from the January, February & March Council meetings

- o Commitment to build mezzanine at HGCC in storage room
- o New Sign Corridor Policy
- o Updated Nuisance Bylaw
- o Tenders out for Shop Roof, Village Office painting
- o New operators for Tufts Bay
- o HGCC brochure created & website update commitment
- o Align assessment with SAMA recommended practices for agricultural land
- o Commitment to upgrade the power at Tufts Bay Campground and the Bayshore
- o Applying to SGI for Traffic Safety Grant for 4 more streetlights, 6 path lights, 4 lights at Orchard and 3 lights at Tufts Bay Campground
- o Partnering with the Village of Kennedy on Bylaw Enforcement training

Thanks to the **Lakeview Friendship Club** for the **FREE** lunches that were open to the community and area in January & February at the Harbor Golf Community Center. **NEXT LUNCH is Thursday March 27th!**

FAMILY DAY WEEKEND/FISH DERBY/WINTER FUN DAY

We want to extend a **THANK YOU** to all those that donate their time, talents and prizes to make these events happen. Special thanks to the Elbow Fire Dept for the installation of the new "Croki curl" in the HGCC parking lot.

RATEPAYERS MEETING

Suggestions that were made at the 2024 Ratepayers Meeting are being followed up on. One suggestion was waste bins along path - those have been ordered and will be installed in the Spring. Another suggestion was a crosswalk at the intersection of Railway Avenue and Saskatchewan St. The Village of Elbow owns the Sask St area so we will plan to paint a crosswalk there before summer. The Department of Highways is responsible for South Elbow Drive, so they will be conducting a study this summer to see if that street warrants a crosswalk.

SHOWCASE ELBOW

This evening event is being planned and the date is *TBD* in May. Held at the Harbor Golf Community Center located at #1 Lakeside Road. This event will feature local businesses, community groups and the Village of Elbow spreading awareness of everything that the community and surrounding area has to offer. *Watch for details from the Committee to book your table.*

DONORS CHOICE

The Elbow & District Donor's Choice application forms will be available on the Village of Elbow website by April 1st - www.villageofelbow.com Under Public Notices and click the link for the form or drop by the office. **Deadline is April 30, 2025.**

BUSINESS LICENCES

Those businesses that are wishing to temporarily/seasonally set up in the Village (not at the Farmer's Market or on their own commercial property) are asked to purchase a \$100 annual business licence with the Village. You are required to get permission to setup from the property owner as well.

VOLUNTEER APPRECIATION BBQ

Council has decided to host a Volunteer Appreciation BBQ in early September. We have so many dedicated individuals that spend their time improving our community and we want to thank you all! Details available closer to the day.

RECREATION in ELBOW

SWIMMING LESSONS

Swimming Lessons are set for July 14-18 & July 21-25 at Tufts Bay. \$55 for both weeks and \$30 for one. August dates will be posted once secured. Registration will not open for swim lessons until May.

HGCC EVENTS

Head over to the Calendar on the Village of Elbow website https://villageofelbow.com/recreation_attractions/calendar_of_events.html to see all the goings on. We have regular OPEN GYM times, weekly volleyball, shuffleboard, pickleball and walking.

GAMES NIGHTS

Next dates are: Fridays March 21, April 18, May 16 (check calendar in case it changes) From 7-10 pm at Harbor Golf Community Centre. Come down & join others for an evening of fun and games & bring your own games too! \$2, snacks/drinks available

SHOTS AND SHUFFLE TOURNEY

The 2nd Annual Shots & Shuffle shuffleboard tourney is on April 26th.

WELLNESS CLINIC is held in the Ector Family Farms Boardroom. Dates are: April 22, June 3, July 15, August 26, October 7, November 18 & Dec.30

SCHIKOWSKI FARMS FITNESS CENTER

Needing a gym membership or just to renew? Drop by the rec office, send a text to 306-860-8023 or email Marnie at recreationelbow@gmail.com. All forms are on website.

SASK LOTTERIES APPLICATIONS

The Elbow Parks & Recreation Board are accepting submissions for the Sask Lotteries Grant 2024/2025 year. Did your group offer a Sport, Culture or Recreation program? **Expenses have to be incurred between April 1, 2024 and March 31, 2025 to be eligible. Projects MUST be completed by March 31, 2025 and your application with receipts must be received by April 6, 2025 at the Village Office. Please drop off in a sealed envelope marked "Sask Lotteries Grant".** Applicants who are unsuccessful this time, get your thinking hats on, because we will be accepting applications for this grant again for projects that run April 1, 2025 to March 31, 2026.

NAMING RIGHTS

The Harbor Golf Community Center has 2 rooms available for naming - the Large Meeting Room and the Library. If you are interested, please call the office. Details also available on our website. Donations are still being accepted for the *DONOR TREE* - get your leaf on the tree! Donation receipts are issued.

COMMUNITY EVENTS

FRIENDS OF THE TRAIL SPRING RUN OFF

Kick up your heels and celebrate spring on the shores of beautiful Lake Diefenbaker for the **8th Annual Spring Run Off on Saturday May 11th at 11 am.** Register today at FRIENDS OF ELBOW TRAIL on Facebook. There are only 100 entries up for grabs. Proceeds from the run will go to the Friends of the Elbow Trail, a non-profit organization mandated to maintain the Elbow Recreational Trail.

ALS WALK

Bethel United Church is hosting the 3rd Annual ALS Walk, Sunday, June 8th. Registration opens at 11:00, walk at noon. 5km or whatever part of it someone wants to walk. \$20.00 registration comes with a T-shirt. Register on line ALS society of Sask/elbow.ca or in person June 8th. Burgers, raffles, perhaps a guest appearance or 2!!

RIVER AND RAIL ART VENTURE

Coming to Elbow on June 21/22: Details available online at riverandrailartventure.ca

LAKESHORE STAMPEDE RODEO

The Lakeshore Stampede CCA Rodeo takes place in Elbow at the Rodeo Grounds on July 18 & 19! Follow them on Facebook for details.

CANADA DAY

Elbow is hosting Canada Day festivities on Tuesday, July 1st! Pancake Breakfast, Fish Fry, Street Dance, Beer Gardens, Fireworks and more! Watch for posters & follow our event on Facebook.

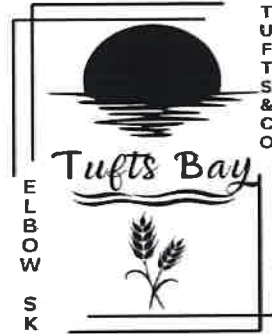
TUFTS BAY CAMPGROUND

The Lottery Draw will be held Monday, March 24th. Details are on the Elbow website. Welcome to Jacquie Brown and Jordan Knutson as the new operators!

Phone: 306-860-7932 or 306-867-7932

Email: tuftsandco@gmail.com

Website: tuftsbaycampground.com



ELBOW LIBRARY

Hours: Wednesdays Thursdays Fridays 12:30-5:30

Please follow Elbow Palliser Library on Facebook.



WELCOMING COMMITTEE

Attention: Business/Organizations! Our Welcoming Committee is compiling new welcome bags distribution to those new to Elbow. What a great way to welcome people to our great community! **If you have items to contribute, please contact Donna at 306-854-4445.** Our FREE directory will also be updated. Please inform them of any changes. Thank you for supporting this worthy cause.

ELBOW VOLUNTEER FIRE DEPARTMENT

The Elbow Fire Department has been regularly training and looking to recruit new members. Contact Tyler Gifford for details.

MUNICIPAL OFFICE INFORMATION

INDUSTRIAL SUBDIVISION LOTS

The Village of Elbow has 12 lots for sale in the Industrial Subdivision - 3 of the lots are presently being advertised on the MLS website at:

<https://www.realtor.ca/real-estate/27462160/306-prospect-avenue-elbow>

Please contact the office with any questions.

HIGHWAY SIGN CORRIDOR

The Village of Elbow now has a sign corridor along Highway 19 on both sides of the highway that will start at the ELBOW 1 signs and run for 2 km. Want to advertise your business in the corridor? Get your applications in! You can find the application form on our website under the **Bylaws** tab. First come, first served.

ASSESSMENT NOTICES

Assessment Notices will be sent on March 21, 2025. Everyone will receive a notice this year, as it was a revaluation year - let us know if you don't receive this. This notice does not tell you what your taxes will be for 2025. The roll is open for **60 days** (March 24 to May 26). This is the only time you can appeal your assessment - details are on your notice. Contact the office if you have questions. You can also contact **SAMA (Saskatchewan Assessment Management Agency)** as they set the assessed values for all properties in Elbow.

WE ARE HIRING

The Village is hiring 2 positions: 1 full time public works summer student (40 hours), 1 part time recreation summer student (30 hours). Resumes are due March 25th to elbow@sasktel.net. Details on website and Facebook.

WATER METER RECONNECTIONS

Returning Seasonal Residents: When you need to have your water meter reconnected, please contact Karen at the Village Office to set up a time. We require 48 hours-notice for reconnections and please remember that someone living at the property (or a trusted individual of your choice) must be present at the time of reconnection to ensure that there are no leaks. Water meters will not be reconnected on weekends.

We are embarking on a water meter replacement plan. If you are on this year's list, we will contact you to have your meter replaced. We plan to replace approximately 40 meters this year. At the end of this program, we will have all meters changed/upgraded so that meeting readings are sent automatically updated at office via cellular!

STREET SWEEPING

We tested out the new street sweeper attachment and it worked great, but now we will hold off until its warmer again & snow on street is gone. We will plan to notify so vehicles can be moved off Sask St.

GARBAGE & RECYCLING

If you need garbage/recycling roll-out carts contact Karen at the Village Office. Carts may not be able to be dropped off on the day you call in and they will not be dropped off on weekends, so please plan ahead. There is no longer the option for residents to turn these back in for storage while away. If you are away for an extended period of time, please store in a safe place on your property.

REMEMBER :

- When your garbage and/or recycling carts have been emptied, move them back on to your property and away from the road. The grader or tractor need to maintain the roads and if your cart is on the road, Village Staff do not have time to move carts back to your property. Maintaining the roads in the village is the priority so there is a very good chance that your cart will be knocked over and could be damaged. Then you would have to replace your cart at your cost.

The **TRANSFER STATION** will be open May 1st - weather permitting

VILLAGE MESSAGING SYSTEM

In order to receive notices from the village office, please whitelist (below) in your email accounts through your browser **not** your desktop or phone. Every email carrier is different so we cannot provide instructions for each but it is usually found in settings.

In Sasktel.net email addresses, for example: go to your SaskTel email on your web browser, click settings, then spam and add to trusted senders. Will be similar for other email accounts.

Add the following to trusted senders:

Telmatik.com (this is where the automated messages for boiled water etc. comes from)

elbow@sasktel.net

elbow2@sasktel.net

E-NOTICES

We are sending receipts by e-mail - saving on postage, envelopes and staff time. If you wish to have your notices mailed, you must let office know. A copy can be picked up in the office as well.

PAYMENT INFORMATION

Payments for transfer site invoices, construction bin rentals, sea can charges, mowing charges, utility bills and taxes can be made the following ways: Cash, Cheque, Online Banking (PCCU only so far) and by E-Transfer.

IMPORTANT - if you are making a payment by e-transfer use the email address elbow2@sasktel.net and please put in the message section what you are paying for and/or if it needs to be split for various bills.



**2025 LINE 19
LOREBURN SOCCER
REGISTRATION**

REGISTRATION DEADLINE IS MARCH

15TH

CONTACT

LINE19SOCCER@GMAIL.COM

FOR MORE INFORMATION

**SAVE
THE
DATE**

**5
JULY**



BLUES

*are coming
to
O L B O W*

WATCH FOR POSTERS

Elbow Community Engagement Summary

| Program | Description | Contact |
|--------------------------------------|---|---|
| <p>Mental Health Services</p> | <p><i>Mental Health and Addiction Services (MHAS)</i> represent a continuum of care ranging from prevention/early intervention through to very specialized treatment, are provided free of charge to adult and youth and child residents of Saskatchewan.</p> <p>A Saskatchewan resident may refer themselves by phoning the general access number or be referred by a family physician. To determine which services are most appropriate, a standardized assessment including a triage is completed. Services offered may include referrals to programming from other community agencies.</p> | <p>Mental Health & Addictions Intake: 1-877-329-0005</p> <p>Suicide Hotline: 988</p> <p>Healthline: 811</p> <p>Red Cross Friendly Calls: 1-833-979-9779</p> |
| <p>Home Care</p> | <p>Davidson/Craik <i>Home Care</i> provides home care support to the community of Elbow.</p> <p>At this time, we are servicing Elbow residents 2-3 days per week. Our goal is to provide service (to Elbow) seven days per week, and we have secured the funding for and are currently working on recruiting for additional Continuing Care Assistants so that we will be able to provide 7-days/week home services.</p> <p>Home Care offers both nursing services, as well as home services.</p> <ul style="list-style-type: none"> Nursing services require a physician's order to initiate, but home services can be self-initiated. Home services include things such as personal care assistance (bathing/showering), medication assistance, housekeeping, and laundry. <p>Please contact the <i>Client Care Coordinator</i> in Davidson (Katelyn Vicente or Kateryna Zarubiak) to inquire further about setting up home care services for yourself or your family members at the phone number shown, or we may also be reached by email at katelyn.vicente@saskhealthauthority.ca (or) kateryna.zarubiak@saskhealthauthority.ca</p> | <p>Client Care Coordinator (Katelyn or Kateryna) 306-567-2302</p> |
| <p>Primary Health Care RN</p> | <p>Clients experience value through seamless coordinated care:</p> <ul style="list-style-type: none"> Supporting clients with chronic disease diagnosis through system navigation and education. Provide cardiac follow up calls to clients who have been in Saskatoon or Regina hospitals for any tests, procedures and surgeries involving their heart. This program also includes Collaborative Health Management Teams. These teams are an interdisciplinary group of health providers delivering team based care to improve outcomes for and provide support to clients with chronic disease and/or complex needs focusing upon wellness and prevention. | <p>Christina McCormick 306-867-5050</p> <p>Jennifer Frerichs 306-882-2672 ext. 2208</p> |

Elbow Community Engagement Summary

| Program | Description | Contact |
|--|---|--|
| Exercise Therapy | The Exercise Therapist provides guidance for individuals to safely increase their physical activity levels through aerobic, strength and flexibility exercises. No matter their fitness levels. The Exercise therapist provides free, 1-on-1 Consults, with the focus on helping clients manage their chronic conditions or reduce the risk of clients developing chronic conditions. Self referrals accepted. | Ashley Davis 306-860-7334 |
| Dietitian / Certified Diabetes Educator | Providing nutrition education and support for any nutrition related concern – most commonly due to a condition or disease such as diabetes, cardiovascular (heart) disease, bowel disorders and allergies/intolerances, but can also be for general healthy eating. Self referrals are accepted | Laura Williams 306 860-7707 |
| Speech Language Pathology | Assisting individuals to improve their communication and swallowing skills and overcome speech, language and swallowing challenges. Therapists assess, diagnose and provide personalized treatment plans to enhance communication and swallowing abilities. Self referrals are accepted. | Karlee Jones 306-860-8800 |
| Therapies | <i>Occupational Therapists</i> will work with you to find practical solutions that can help you maintain, regain, or improve your independence and participation in meaningful activities. <i>Physical Therapy</i> services help individuals improve their physical abilities, recover from injuries, and manage pain through specialized exercises and treatments. Therapists use their extensive understanding of the human body to treat and restore function . Based out of Outlook and Davidson, reaching out to surrounding communities. | Outlook Therapies Team (Teryn, Janay, Kirsti) 306-867-5043 Davidson Therapies Team (Jacquie, Kirsti) 306-567-2304 |
| Autism Services | Team of professionals that provide support to families affected by autism, offering individualized care, community involvement and school transitions. This program is a key resource for children and families, promoting growth, inclusion, and empowerment, improving outcomes for children and their families. Self referrals accepted. | Reigan Gallais 306-882-2672 |